



2026 3rd Annual GYM Turkey Day Prep Masters Meet
Sunday, November 1st, 2026
YMCA Allard Center Indoor Pool, Goffstown, NH
Recognized by New England LMSC for USMS Inc.
Recognition#-

CONTACTS:

MEET DIRECTOR: Bob Ouellette: bob.ouellette2@gmail.com, 603-540-5485

ENTRY CHAIR: Gabrielle Hunt: ghunt@graniteymca.org

MEET REFEREE: David Hunt: davidhunt@live.com

SCHEDULE: Warm-up: 12:15pm, **Meet Start:** 1:20pm. Anticipated end time by 4:00pm
No deck entries will be accepted.

CHECK-IN: Positive check-in required for all swimmers by 12:45. Scratches are due by 12:45.

POOL CERTIFICATION STATEMENT: The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

FACILITY: The Allard Center Competition Pool is a 6-lane, 25-yard pool with 7-foot wide lanes and non-turbulent lane lines. The timing system includes a fully automatic Colorado electronic timing system with touchpads at the finish end of the pool. The finish end of the pool is 9 feet deep; the turn end of the pool is 3.5 feet deep. Spectator seating is for 230. The pool is located inside the Granite YMCA Allard Center., 116 Goffstown Back Road, Goffstown, NH 03045. Please enter through the main entrance doors located in the Upper lot on 116 Goffstown Back Road. Directions may be found later in this document.

CONTINUOUS WARM-UP/WARM-DOWN: Lane 6 will be available during the meet as a warm-up/warm down lane.

ELIGIBILITY: Open to all swimmers age 18 and older. Your age is your age on the last day of the meet. If USMS registered, please include your full USMS ID# in online form. Check for your current 2026 USMS number from your online USMS account at [Get your USMS Membership Number](#)

RULES: Current USMS rules for Masters Swimming will apply. Swimmers will be seeded in heats according to times; heats will be run slowest to fastest, regardless of age or sex. No

equipment is allowed at any time to include smart watches. No diving during warm-up except in designated lanes.

EVENT LIMIT: Swimmers are permitted to enter a maximum for five (5) individual events.

ENTRY TIMES: Enter short course yard times for all events. If you do not enter a seed time, you will be seeded with **NT** and placed in the first heat.

SEEDING: All events will be seeded slow to fast regardless of age and gender. All individual events will be swum as Mixed events. Competition will be held in 5 lanes, Lane 6 will be used for warm-up/warm-down during the meet.

HEAT SHEETS: Heat sheets will be posted on deck.

RESULTS: Results will be posted on deck.

ENTRY FEES: \$30/person for up to 5 individual events for entries received by Friday, October 23. Late entries until Wednesday, October 28 will be accepted at a cost of \$40/person. Enter online through the Granite YMCA portal:

<https://ymcagranite.sgasoftware.com/Sales>

Instructions for the entry process can be found at the end of this document.

ENTRY DEADLINE: All entries must be RECEIVED by Wednesday, October 28.

RELAY ENTRIES: Please email Gabrielle Hunt (ghunt@graniteymca.org) with intended relay teams. Relay age group is determined by the age of youngest relay member: 18+, 25+, 35+, 45+, and up in 10 year increments as high as needed. Relay events may be entered as either all Men, all Women or Mixed (two Men plus two Women). You will be able to change swimmers up until the start of the meet.

RECORD TIMES: Times from this competition will be eligible for USMS records and Top 10 consideration, but not for World Records.

AWARDS: No awards will be given.

DIRECTIONS: <https://maps.app.goo.gl/S4dW5EkeYjcsD9x16> From exit 6 on Route 293: Follow Amoskeag St./Amoskeag Traffic Circle to Goffstown Rd and Goffstown Back Road to Allard Center (116 Goffstown Back Road). Please use second entrance to West lot for parking.

Events List

Event #	Event
1	Mixed 200 Medley Relay (M, W, X)
2	Mixed 100 Butterfly
3	Mixed 50 Freestyle
4	Mixed 50 Breaststroke
5	Mixed 500 Freestyle
6	Mixed 200 Individual Medley
7	Mixed 100 Breaststroke
8	Mixed 50 Backstroke
9	Mixed 100 Freestyle
10	Mixed 100 Individual Medley
11	Mixed 50 Butterfly
12	Mixed 100 Backstroke
13	Mixed 200 Freestyle
14	Mixed 200 Freestyle Relay (M, W, X)
15	Mixed 1000 Freestyle

SGA Meet entry instructions

Event website: <https://ymcagranite.sgasoftware.com/Sales>

Login or create a free YMCA Account

Once you have created your account, follow these steps:

Navigate to the Masters Offering page: [Masters Offering Page](#)

- Select “3rd Annual Turkey Prep Meet”
- Select “Add to cart”
- Go to cart
- Select “Forms and Agreements” and fill out all relevant fields
- Sign document
- Select “Save”
- Select “Proceed to Checkout”
- Enter Payment information
- Select “Finalize Purchase”