

2026 Idaho Senior Games - Individual Athlete Registration Form



REGISTRATION OPENS JUNE 1st

Participants registering for more than one event must register online.

Last Name, First Name

Address

E-mail Address

City

State

Zip

Phone

Date of Birth

Age

Gender: ☐ Male ☐ Female

Event You are Registering For: _____

Please provide additional information as needed on next page.

\$_____ Registration Fee: Add \$45 [Late fees may apply]

\$_____ Additional Fee: See Chart at Right

Your registration includes BBQ and ISG T-Shirt:

T-Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL

Additional Items:

\$_____ BBQ – Extra Tickets @ \$15 each

\$_____ Extra Golf Lunch @ \$15 each

\$_____ T-Shirts @ \$20 each Size(s): _____

\$_____ Tax Deductible Donation – Thank you! Amount _____

\$_____ Late Registration Fee: \$10 may be assessed one week before the event

TOTAL: \$_____

Pay with check to: Idaho Senior Games, P.O. Box 45464, Boise, ID 83711

Pay with credit/debit card: ☐ Visa ☐ MasterCard ☐ Discover

Pay with cash ☐ **Please return all 3 pages when mailing!**

Name on card _____ Card Number: _____

Expiration date _____ Security Code (on back) _____

Fees Added to \$45 Base Registration Fee

Archery	- 0 -
Badminton	- 0 -
Basketball	- 0 -
Billiards	- 0 -
Bowling	\$10
Cornhole	- 0 -
Cycling	\$25
Disc Golf	- 0 -
Golf (See details on pg. 2)	
Ice Hockey 60+	\$65
Mountain Bike	\$15
Pickleball	\$35
Run-Walk	- 0 -
(1 Mile/5k/10k)	
Softball 60+	\$10
Swimming	\$20
Table Tennis	
Tennis	\$25
Track & Field	\$25
Triathlon	- 0 -
Volleyball	- 0 -

REMINDER: All athletes must sign Release and Waiver of Liability on page 3.

05.30.2026



Archery ☐

Badminton ☐ Singles ☐ Doubles ☐ Mixed Doubles
Partner(s) _____

Basketball *Players register individually*
Age group: ☐ 50 - 59 ☐ 60+

Billiards / 8-Ball ☐

Bowling ☐ Singles ☐ Doubles ☐ Mixed Doubles
Partner(s) _____

Cornhole

Age group: ☐ 50 - 59 ☐ 60 - 69 ☐ 70+

☐ Singles ☐ Open Doubles

Partner: _____

Disc / Frisbee Golf ☐

GOLF **Note: Amount includes \$45 ISG Registration Fee**

- ☐ \$105 - 18 holes, cart, lunch
- ☐ \$85 - 18 holes, lunch, walking
- ☐ \$65 - Players w/ Full Boise Ranch Pass,
18 holes, cart, lunch
- ☐ \$45 - Players w/ Full Boise Ranch Pass,
18 holes, lunch, walking
- ☐ \$85 - Players with Half Boise Ranch Pass,
18 holes, cart, lunch
- ☐ \$65 - Players with Half Boise Ranch Pass,
18 holes, lunch, walking

Ice Hockey 60+ ☐

Run / Walk: ☐ 5K ☐ 10K ☐ 1mi.

Table Tennis

☐ Singles ☐ Doubles ☐ Mixed Doubles

Partner(s) _____

Triathlon - For details, please see our website:
www.idahoseniorgames.org

Volleyball ☐ *Players register individually*

SOFTBALL METAL BAT TOURNAMENT

Age 60+ *Note: You must be 60+ by 12.31.2026*

Preferred Position:

☐ Infield ☐ Outfield ☐ Pitcher

Please rate your skill level:

☐ Beginner ☐ Average ☐ Advanced

Softball Reg. Deadline: **August 2nd**

SWIMMING - Choose up to 6 events; Events listed in Competition order

- | | |
|--|--|
| ☐ 100 Butterfly | ☐ 500 Free Style |
| ☐ 200 Free Style | ☐ 200 Butterfly |
| ☐ 50 Breast Stroke | ☐ 100 Individual Medley |
| ☐ 100 Back Stroke | (10 - 15 min. break) |
| ☐ 400 Individual Medley | ☐ 50 Back Stroke |
| (10 - 15 min. break) | ☐ 200 Individual Medley |
| ☐ 100 Breast Stroke | ☐ 100 Free Style |
| ☐ 200 Back Stroke | ☐ 50 Butterfly |
| ☐ 50 Free Style | ☐ 200 Breast Stroke |
| | ☐ 1500 Free Style |

TRACK & FIELD - Choose up to 6 events; Events listed in competition order

Field Events

- ☐ Javelin
- ☐ Standing Long Jump
- ☐ Pole Vault
- ☐ Long Jump
- ☐ Softball Throw
- ☐ Shot Put
- ☐ High Jump
- ☐ Triple Jump
- ☐ Football Throw
- ☐ Discus

Running Events

- ☐ 1500m Run
- ☐ 50m Run
- ☐ 1500m Power Walk*
- ☐ 1500m Race Walk*
- ☐ 100m Run
- ☐ 400m Run
- ☐ 800m Run
- ☐ 200m Run

**Choose one*



2026 RELEASE AND WAIVER OF LIABILITY

The IDAHO SENIOR GAMES and the NATIONAL SENIOR GAMES ASSOCIATION (Hereinafter referred to as NSGA) provide many recreational activities to the public. IDAHO SENIOR GAMES and NSGA participants understand that recreational activities do involve inherent risks which are beyond the control of the IDAHO SENIOR GAMES and NSGA and their staff, volunteers, and members. I, the undersigned, do understand that upon using the facility and/or services that I hereby assume all risks for the behavior, actions, and safety for myself while involved in the activities. I also understand that it is my responsibility to wear all necessary safety gear appropriate for the sport at all times during my participation. Therefore, I assume full responsibility for personal injury to myself or for loss or damage to my personal property and expenses thereof that are caused by my actions or the actions of my family participating in said activities.

I hereby agree that in the consideration of the IDAHO SENIOR GAMES and NSGA allowing me to participate in IDAHO SENIOR GAMES and NSGA activities, I do hereby waive liability, release, forever discharge and covenant not to sue the IDAHO SENIOR GAMES or NSGA, its officers, agents, and employees of, from, and for any and all claims, demands, rights and causes of actions of whatever kind of nature, even if arising from the negligence of the releasees or others, arising out of all known and unknown foreseen and unforeseen bodily and personal injuries, damage to property and the consequences thereof, including death, resulting from my voluntary participation in or in any way connected with IDAHO SENIOR GAMES and NSGA activities.

I have read and understand this agreement and release of liability and do voluntarily agree to sign. I also give the IDAHO SENIOR GAMES and NSGA permission to utilize pictures of me and/or my family in IDAHO SENIOR GAMES or NSGA marketing, promotions, and print media.

Additional Agreement Regarding COVID-19

I acknowledge I am aware that there are risks to me of exposure, directly or indirectly, arising out of, contributed to, by, or resulting from an outbreak of any and all communicable disease, including, but not limited to, what is commonly known as COVID-19 or any mutation or variation thereof.

While on the premises of any IDAHO SENIOR GAMES or NSGA facility or enrolled in any IDAHO SENIOR GAMES and NSGA programs, I agree to act with care, honesty, respect, and responsibility.

Participant Signature:

X _____ DATE _____