

**Narwhals Summer Invitational**  
**June 6th, 2026**  
**New Albany Narwhals Swim Team**

**LOCATION:** New Albany High School, 1020 Vincennes St New Albany, IN 47150

**FACILITY:** New Albany High School is the first high school in the state of Indiana, featuring a recently renovated facility that hosts sectional and conference meets for the IHSAA.

**PARKING:** Event Parking is available in the parking lot of the high school adjacent to the Natatorium. The pool entrance is located at the entrance of the school and is labeled "Pool".

**POOL:** The pool will be set up as 25 short course yards using eight lanes for competition. A diving well pool will be available during the competition for cool down. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement. The Colorado electronic timing system along with a Daktronics scoreboard will be used. Times from this competition will be eligible for USMS records, and USMS Top Ten.

**RULES:** Current 2026 U.S. Masters Swimming rules will govern the conduct of this meet.

**ELIGIBILITY:** The meet is open to anyone 18 and older. All entrants must be registered with U.S. Masters Swimming or a member of a World Aquatics-recognized National governing body. Each swimmer is eligible to swim a maximum of five (5) individual events and two (2) relays.

**SESSIONS:** There will be one morning session offered. Warmups are from 10:00 am – 11:00 am EDT and competition is from 11:00 am - 2:00 pm EDT.

**REGISTRATION:** Online registration through Club Assistant only. NO PAPER ENTRIES. NO DECK ENTRIES. For assistance completing the online registration process, please contact Scott Cooksey at [scott.cooksey513@gmail.com](mailto:scott.cooksey513@gmail.com).

**AGE GROUPS:** The swimmer's age is determined as of June 6, 2026. Age categories are 18-24, 25-29, 30-34, etc.

**ENTRY FEES:** Online entry is a \$45 flat fee (maximum of 5 individual events and two relays).

**EVENT DEADLINES:** Online entries must be received by Tuesday, June 2nd at 11:59 PM EDT. Relay lineups must be turned in at the control table the day of the meet by 10:30

am. EDT

**EVENT SEEDING:** All heats will be seeded slowest to fastest.

**RELAYS:** You must be entered in the meet as an individual and entered in at least one event to swim relays. We will have relay forms to complete at the control table at the meet. Relay lineups must be turned in at the control table by 10:30 am the day of the meet. Swimmers may only swim once in each of the following relays: 200 Free and 200 Medley. All relays will be mixed.

**WARM-UP PROCEDURES:** Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed, except in designated sprint lanes. One or two lanes shall be designated as one-way sprint lanes during the pre-meet warm-up sessions in the competition pool only. Any swimmer who acts in an unsporting or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee (Rule 102.15.3). Pull-buoys, kick boards, fins and hand paddles are not allowed in competition or warm-up pools.

**RESULTS:** Will be emailed out following the meet.

**COMPETITION SCHEDULE (Times are EDT):**

10:00am	Warm-Up Starts
10:30am	Designated Sprint Lanes Open
10:50am	Warm-Up Ends
11:00am	Competition Begins

**ORDER OF EVENTS:**

Warm-Ups at 10:00 am

Meet Starts at 11:00 am

All events will be contested as Mixed (Men & Women combined) and seeded by time.

1. Mixed 200 Medley Relay
2. Mixed 200 Freestyle
3. Mixed 50 Backstroke
4. Mixed 100 Butterfly
5. Mixed 50 Breaststroke
6. Mixed 100 Freestyle
7. Mixed 200 Freestyle Relay
8. Mixed 200 Individual Medley
9. Mixed 50 Butterfly
10. Mixed 100 Backstroke
11. Mixed 50 Freestyle
12. Mixed 100 Breaststroke

13. Mixed 500 Freestyle

**QUESTIONS:** For questions or additional information, please contact Scott Cooksey at [scott.cooksey513@gmail.com](mailto:scott.cooksey513@gmail.com)

**EVENT WEBSITE:** Online Registration

**MEET DIRECTOR:** Scott Cooksey - [scott.cooksey513@gmail.com](mailto:scott.cooksey513@gmail.com)

**Meet Course: 25 Yards**

Warm-ups start at 10:00 AM

Meet starts at 11:00 AM

#	Sex	Event	
1	Mixed	200 Y	Medley Relay
2	Mixed	200 Y	Free
3	Mixed	50 Y	Back
4	Mixed	100 Y	Fly
5	Mixed	50 Y	Breast
6	Mixed	100 Y	Free
7	Mixed	200 Y	Free Relay
8	Mixed	200 Y	IM
9	Mixed	50 Y	Fly
10	Mixed	100 Y	Back
11	Mixed	50 Y	Free
12	Mixed	100 Y	Breast
13	Mixed	500 Y	Free

