

O*H*I*O MASTERS 2026 PENTATHLON (SCY) SWIM MEET

Sunday, November 1, 2026

Hosted by: O*H*I*O Swim Club

Sanctioned by Lake Erie LMSC for USMS Inc.: #

POOL LOCATION: AKRON GENERAL HEALTH & WELLNESS CENTER - NORTH,
4300 Allen Rd. Stow , Ohio 44224

- Directions from Route 8 South: Traveling on Route 8 South, exit at E Steels Corners Road. Take a left and go over the bridge. Turn left on Allen Road. The Health & Wellness Center is at 4300 Allen Road.
- Directions Traveling on Route 8 North: Exit at E Steels Corners Road. Take a right and turn left on Allen Road. The Health & Wellness Center is at 4300 Allen Road.
- Directions from 77 South/North: Traveling on 77, merge onto Route 8 North. Exit at E Steels Corners Road. Take a right and turn left on Allen Road. The Health & Wellness Center is at 4300 Allen Road.

COURSE DESCRIPTION: The pool has six lanes (25yards) with anti-turbulent lane lines The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

WARM-UP: Warm-ups will start at 9:00 a.m

COMPETITION START TIME: Meet Starts at 10:00 a.m

CONTINUOUS WARM-UP: Five of the six lanes will be used for the meet with the sixth lane available for continuous warm-up and cool down.

TIMING SYSTEM: The primary timing system will be a Colorado 6 automatic timing system with touchpad finishes. Times will be eligible for USMS records and USMS Top 10 times.

MEET DIRECTOR: Nancy Veto mastersmeetentries@gmail.com

MEET REFEREE: Mark Marshfield pzsdad@aol.com

MEET REGISTRAR: Nancy Veto mastersmeetentries@gmail.com

RULES & ELIGIBILITY:

- U.S. Masters Swimming 2026 rules will govern conduct of the meet.
- Because of insurance requirements, all swimmers must be registered with U.S. Masters Swimming.
- The USMS Release of Liability must be signed electronically during online meet entry.
- Swimmers may swim only 5 individual events.
- Only swimmers entered in the meet can participate in relays.
- There is a "relay only" entry fee option, which is \$15 and can be entered on-line or deck entered the day of the meet.

AGE DETERMINATION DATE: Age of the competitor on November 1, 2026 will determine age group.

AGE GROUPS FOR INDIVIDUAL EVENTS: Age groups are: 18-24, 25-29, 30-34, ..., 80-84, 85-89, etc. in 5-yr increments as high as needed.

AGE GROUPS FOR RELAYS:

- For relays, age group is determined by the age of the youngest swimmer: 18+, 25+, 35+, 45+, etc.
- The relays can be swum with teams of 4 women, 4 men, or mixed (exactly 2 men and 2 women).
- Each relay team must be composed of members of the same USMS club. Unattached members may not enter relays.

ONLINE ENTRY URL: ClubAssistant.com

ENTRY PROCEDURE:

- Online registration is required on ClubAssistant.com.
- Online entries are paid by credit card to ClubAssistant.com and your credit card will show a charge by "OHIO MASTERS.com" for this swim meet
- "Relay only" entries may be done online or deck entry.
- Relays may be entered on the day of the meet. Blank relay cards will be available at the Check-in Desk on the morning of the meet and must be turned in to the Admin Desk by 11:30am. Please print legibly. The relay card must include the name of the club, swimmer's names as they appear on their USMS registration cards in the order they will swim the relay: first name, last name, age and gender. There is a relay only entry fee available.

ENTRY DEADLINE(S) – INDIVIDUAL & RELAY:

- Registration must be completed online on ClubAssistant.com.
- Online entries will close at 11:59 p.m. on Wednesday, October 28, 2026.
- Deck entries must be in hand at the Admin Desk by 9:30 a.m. on the day of the meet. See additional information on deck entry restrictions in the "Deck Entries" section below.

ENTRY LIMITS – INDIVIDUAL & RELAY:

- Swimmers are allowed a maximum of five (5) individual events and two (2) relays
- Swimmers who desire to swim 5 events of their own choosing and not participate in the pentathlon competition are welcome to attend this meet as well. Simply enter the events you wish to swim with an upper limit of 5. Please realize however, that the order of events for this meet was drafted to accommodate the pentathlon competitors. Also, please note the scheduled breaks in the meet.
- All relays will be entered by relay card submission to the Admin Desk by 11:30 a.m. on the day of the meet. Relays will be men's (M), women's (W) or mixed with exactly 2 men and 2 women (X) and will be swum together in a single heat indicated in the list of events below

ENTRY FEE:

- Early Entry Fee is \$45.00 and ends at 11:59PM on October 20, 2026
- Regular Entry Fee is \$55.00 and begins at 12:01AM on October 21, 2026
- "Relay only" entries can be done online or deck entry. Fee is \$15.00
- All Deck Entries (see below for deck entry restrictions) are \$60.00
- USMS Members age 80 and older may enter the meet online for free. The Club Assistant program will determine your age during registration. No special code is required at checkout.
- Online entries are paid by credit card to ClubAssistant.com and your credit card will show a charge by "OHIO MASTERS.com" for this swim meet.

DAY OF MEET ENTRIES INFO: This is a pre-seeded meet. Deck entries will only be accepted for open lanes.

PRELIMS/FINALS MEET: This is a Timed Finals meet

ORDER OF EVENTS:

This meet is designed to be a Pentathlon Meet with 3 options of Events for a swimmer to choose from:

Option 1: "Mini-Pentathlon", 50's of each stroke and a 100 yard IM

Option 2: "Maxi-Pentathlon", 100's of each stroke and a 200 yard IM

Option 3: "Freestyle Pentathlon", swim all 5 of the freestyle events scheduled

SCHEDULE OF EVENTS

EVENT NO.	GENDER	STROKE
1	MIXED	500 FREESTYLE
2	MIXED	200 INDIVIDUAL MEDLEY
3	MIXED	100 INDIVIDUAL MEDLEY
4	MIXED	25 FREESTYLE
	15 MINUTE BREAK	
5	MIXED	100 BUTTERFLY
6	MIXED	50 BUTTERFLY
7	MIXED	200 FREESTYLE
8	MIXED	50 BACKSTROKE
9	MIXED	100 BACKSTROKE
	15 MINUTE BREAK	

10		50 FREESTYLE
11	MIXED	100 BREASTROKE
12	MIXED	50 BREASTROKE
13	MIXED	100 FREESTYLE
	10 MINUTE BREAK	
14	MIXED, MALE, FEMALE	200 MEDLEY RELAY
15	MIXED, MALE, FEMALE	400 MEDLEY RELAY

- Swimmers who desire to swim 5 events of their own choosing and not participate in the pentathlon competition are welcome to attend this meet as well. Simply enter the events you wish to swim with an upper limit of 5. Please realize however, that the order of events for this meet was drafted to accommodate the pentathlon competitors. Also, please note the scheduled breaks in the meet.
- All relays will be entered by relay card submission to the Admin Desk by 11:30 a.m. on the day of the meet. Relays will be men's (M), women's (W) or mixed with exactly 2 men and 2 women (X) and will be swum together in a single heat indicated in the list of events below

SEEDING METHOD: Heats will be formed by submitted time regardless of age/sex, and progress from fast to slow to No Time

POSITIVE CHECK-IN AND SCRATCH INFO FOR INDIV AND RELAY EVENTS:

- All events will be pre-seeded.
- Swimmers may verify heat and lane assignments when they arrive at the pool.
- Swimmers, please scratch any events you do not intend to swim during check-in so that deck entrants may use open lanes.
- Deck entries will only be available for an event which has an empty lane as seeded when you arrive at the pool. Deck entries will be entered as no time entries and must be in hand no later than 9:30 a.m. at the Admin Desk for the meet.

LOCATION OF HEAT SHEETS:

- Heat sheets will be published on Swim Phone and Meet Mobile before November 1.
- Heat sheets will be posted on deck during the meet

LOCATION OF RESULTS: Results will be posted on the back wall

TIME TRIALS: Time Trials will not be offered

AWARDS:

- To be eligible for the pentathlon award, a swimmer must compete in all 5 of the “mini” pentathlon, all 5 of the “maxi” pentathlon or all 5 of the “Freestyle” pentathlon events.
- There will be a pentathlon award given for each age and gender group based on a total time in the 5 events.
- Individual event awards are only First-place medals.
- Relay awards are not available.
- Results will be posted on www.ohiomasters.com and Swim Phone (swimphone.com) and Meet Mobile within a day or two of the meet and on “usms.org” when the results have cleared the TopTen process after the meet.

RESTRICTIONS ON CAMERAS AND VIDEO: Drones are not allowed

PARKING: Free parking is available on the premises.

WAIVER: The waiver document is printed below for review by prospective participants.

Sanctioned by Lake Erie LMSC for USMS, Inc. # 185-S00

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); Grown-Up Swimming meets or workouts; and/or related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, viral or bacterial infection including but not limited to COVID19, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

I agree to be familiar with and to abide by the Rules and Regulations, including the Code of Conduct and any safety regulations established by USMS. I accept sole re-

sponsibility for my own conduct and actions while participating in the Events and acknowledge that violations of the code of conduct may result in disciplinary action up to and including suspension of USMS membership.

I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, contractors, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USA Swimming Foundation; Grown-Up Swimming, LLC; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

First Name _____ **Last Name** _____ **MI** _____

Sex (check) M _____ F _____

Date of Birth (mm/dd/yyyy) ____/____/____

Street Address, City, State, Zip

Signature of Participant

_____ Date Signed _____