

PEN BAY PUFFIN INVITATIONAL

Sunday, October 18, 2026

Penobscot Bay YMCA • 116 Union Street, Rockport, ME 04856

Recognized Meet

Recognition Number: PENDING

DATE & TIME: Sunday, October 18, 2026. Warm-up begins at 8:30 AM. Meet starts at 9:30 AM.

FACILITY: Penobscot Bay YMCA, 116 Union Street, Rockport, ME 04856. Short Course Yards (SCY), 8-lane pool. Six lanes will be used for competition. Water depth is 10 feet at the starting end and 4 feet at the turn end. Starting blocks are available but are not required. An ADA pool lift is available.

POOL LENGTH CERTIFICATION: The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

TIMING SYSTEM: The primary timing system will be automatic timing. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.

ELIGIBILITY: All participants must be age 18 or older. USMS membership is not required for this recognized meet. Current USMS members should provide their USMS membership number with their entry.

AGE-DETERMINING DATE: The swimmer's age group is determined by their age on the last day of the meet.

ENTRY FEES: \$40 per swimmer for entries received by 12:00 PM noon on Sunday, October 11, 2026. Late registration is \$50 and closes at 12:00 PM noon on Friday, October 16, 2026. There is no separate relay fee. No individual day-of-meet entries will be accepted.

ONLINE ENTRIES: Online registration is available through the Penobscot Bay YMCA website at www.penbayymca.org. Select REGISTER and search for "Pen Bay Puffin Invitational Masters Meet." Swimmers will complete registration, payment, and required YMCA releases through the YMCA online registration system. After registering, swimmers will be directed to the PenBay Puffin Invitational Event Entry Form to select individual events and enter seed times or NT. A link to the Event Entry Form will also be included in the registration confirmation email. Both steps must be completed by the applicable entry deadline.

PAPER ENTRIES: Paper entries are accepted and must be received by the applicable entry deadline. Make checks payable to Penobscot Bay YMCA - Aquatics and mail to Penobscot Bay YMCA/Aquatics, PO Box 840, Rockport, ME 04856.

ENTRY LIMITS: Maximum of 5 individual events, plus relays. Seed times may be estimated or entered as NT (No Time).

CHECK-IN: All swimmers already entered in the meet must check in by 9:00 AM. Positive check-in for the 400 IM and 500 Freestyle is due by 9:00 AM. Relay deck entries are also due by 9:00 AM.

WARM-UPS: Morning warm-ups begin at 8:30 AM. During pre-meet warm-up, lanes 2 and 7 will become one-way sprint lanes beginning at 9:00 AM. Swimmers must enter feet first and cautiously except when using designated sprint lanes for starts. During competition, lanes 7 and 8 will be available for continuous warm-up and warm-down.

SEEDING: The meet will be seeded at 9:15 AM and heat sheets will be posted immediately afterward. Swimmers will be seeded by entry time regardless of age or gender, slowest to fastest.

SCRATCHES: No penalty for scratches. No day-of-meet individual event changes will be accepted.

RELAYS: Events 1 and 18 are Mixed relays only. A Mixed relay consists of two men and two women. Relay deck entries are due by 9:00 AM. There is no separate relay fee. Relay-only swimmers are permitted, but they must register for the meet, complete required releases, and pay the applicable meet entry fee by the applicable registration deadline.

SCORING & AWARDS: This meet will not be scored and no awards will be given.

HEAT SHEETS: Heat sheets will be posted in multiple locations on the pool deck before the start of the meet. Swimmers are responsible for checking their event, heat, and lane assignments.

MEET PROCEDURES: No dive-over starts will be used; swimmers must clear the pool between heats. A break, if needed, will be determined after entries are received and the meet timeline is known. Spectators are not permitted on the pool deck and may watch from the observation deck.

MEET DIRECTOR / REGISTRAR: Jodi Maltese, Aquatics Director • 207-236-3375 ext. 222 • jmaltese@penbayymca.org

MEET REFEREE / USMS OBSERVER: Marie Weferling

RULES: Current USMS rules will govern the meet. A current USMS rule book will be available on site.

PEN BAY PUFFIN INVITATIONAL

Sunday, October 18, 2026 • Entry Form

Name _____ Sex _____ Current USMS # _____

Address, City, State, Zip _____

Birthdate ____/____/____ Age ____ USMS Club/Team _____

Phone _____ Email _____

Please enter your seed times in SCY (short course yards) or enter "NT" (No Time). Maximum 5 individual events, plus relays.

#	Sunday Events	Seed Time
1	Mixed 400 Yard Medley Relay	DECK ENTRY
2	50 Yard Backstroke	
3	100 Yard Breaststroke	
4	200 Yard Freestyle	
5	200 Yard Butterfly	
6	50 Yard Freestyle	
7	400 Yard IM	
8	50 Yard Breaststroke	
9	100 Yard Butterfly	
10	200 Yard Backstroke	
11	100 Yard Freestyle	
12	200 Yard IM	
13	50 Yard Butterfly	
14	100 Yard Backstroke	
15	500 Yard Freestyle	
16	100 Yard IM	
17	200 Yard Breaststroke	
18	Mixed 400 Yard Freestyle Relay	DECK ENTRY

Relay deck entries are due by 9:00 AM on October 18, 2026. Both relays are Mixed (two men and two women).

MEET FEES	MAIL ENTRY FORM AND CHECK TO
By Oct. 11 at noon: \$40	Penobscot Bay YMCA/Aquatics
Late through Oct. 16 at noon: \$50	PO Box 840, Rockport, ME 04856
TOTAL ENCLOSED: \$ _____	Make checks payable to: Penobscot Bay YMCA - Aquatics

Paper entrants must also complete and sign the Penobscot Bay YMCA Release Form and Waiver of Liability and Indemnity Agreement.

PENOBSCOT BAY YMCA

Release Form and Waiver of Liability and Indemnity Agreement

IN CONSIDERATION of being permitted to utilize the facilities, services and programs of the Penobscot Bay YMCA for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the Penobscot Bay YMCA, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the Penobscot Bay YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation.

THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE PENOBSCOT BAY YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the Penobscot Bay YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon or about the Penobscot Bay YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releasees or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE due to negligence of releasee or otherwise while in, about or upon the premises of the Penobscot Bay YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA.

THE UNDERSIGNED further agrees that the RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as permitted by the law of the State of Maine and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

I Have Read This Release. PLEASE PRINT

Date: _____ Signature of Applicant: _____

Print Name: _____